

# Engraved split-ring resonators as potential microwave sensors for olive oil quality control

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4 20 **KEYWORD:** Split–Ring–Resonator, complementary metasurface, CNC engraving, oil sensor,  
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7 21 olive oil quality sensor  
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15 23 **ABSTRACT**  
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19 24 In the current study, microwave complementary split ring resonators are explored, regarding their  
20 25 sensing capability against olive oil adulteration. In particular, millimeter-scale complementary  
21 26 split ring resonators were developed, employing the Computer Numerical Control method, in  
22 27 combination with a home-built mechanical engraver. Their electromagnetic behavior was  
23 28 comprehensively studied, both experimentally and theoretically, in the frequency range 1-9 GHz.  
24 29 Furthermore, their electromagnetic response was investigated in the presence of different types of  
25 30 edible oils, such as virgin olive oil, corn and soyabean oil. Both experimental results and theoretical  
26 31 simulations clearly reveal the distinct response of the fabricated complementary resonators, to the  
27 32 different oil types. Even more, they exhibit a significant response in oil mixtures, enabling the  
28 33 detection of possible adulteration in olive oil. Consequently, it becomes evident that mechanically  
29 34 – engraved microwave complementary split ring resonators can be efficiently realized as potential  
30 35 sensors for olive oil quality control.  
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53 37 **1. INTRODUCTION**  
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3 38 Olive oil is an edible oil, which is produced by squeezing the olive fruit. In general, olive oil can  
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5 39 be classified into four grades, namely extra virgin (EVOO), virgin (VOO), lampant (LOO) and  
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8 40 pomace oil (POO), considering the production method followed, its acidity and organoleptic  
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10 41 quality and fruity. Regardless its grade, olive oil is highly beneficial on human health, due to its  
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12 42 high content of oleic acid and polyphenols.<sup>1,2</sup> Olive oil exhibits antioxidant, anti-inflammatory,  
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14 43 antimicrobial, and antitumor properties.<sup>3-5</sup> Moreover, consumption of olive oil has been associated  
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16 44 with decreasing of the LDL-cholesterol, and thus suppressing of cardiovascular diseases,<sup>6</sup> as well  
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18 45 as with enhanced sustainability against some kinds of cancer.<sup>7,8</sup> Thus olive oil is realized as a  
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20 46 natural product with substantial nutrition value, valuable for human quality of life.

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24 47 In addition, olive oil industry is a major income source, especially for Mediterranean countries,  
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26 48 where olive trees are systematically cultivated. It is noteworthy that more than 75% of the total  
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28 49 olive oil production comes from three countries, Spain, Italy and Greece, while the first seven  
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30 50 producing countries in the global olive oil list are located around the Mediterranean Sea.<sup>9</sup>  
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33 51 Moreover, the annual global olive oil consumption is approximately 2.5 – 3 megatonnes,<sup>10</sup> which  
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35 52 corresponds to a total value of ~\$10 – 15 billion. Therefore, olive oil market is a trade market, full  
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37 53 of challenges and unfair competition. In order to reduce costs and increase the profit, olive oil  
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39 54 processing and standardization companies use to mix EVOO with lower grade olive oils, as well  
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41 55 as with other types of edible oils, such as corn oil, sunflower oil, coconut oil, soya bean oil, etc.<sup>11-13</sup>  
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43 56 Hence, methods and procedures regarding the classification of olive oil, as well as the olive oil  
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45 57 quality control against oil adulteration is highly required.

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49 58 Currently, there are many processes relating to the quality control of olive oil; Apart from  
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51 59 conventional physico-chemical analyses<sup>14</sup>, these procedures include the use of various  
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53 60 spectroscopic methods, such as Fourier Transformed Infrared Spectroscopy (FT – IR),<sup>15</sup>

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3 61 Ultraviolet – Visual spectroscopy (UV – Vis),<sup>16</sup> Fluorescence,<sup>17</sup> Raman spectroscopy,<sup>18</sup> Gas  
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5 62 Chromatography – Mass spectroscopy<sup>19</sup>, to name but a few. With the use of these optical  
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8 63 techniques, detailed quality control can be achieved, such as a gentle classification of edible oils,<sup>18</sup>  
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10 64 olive oil adulteration,<sup>20</sup> oil contamination and differentiation among oil types,<sup>21</sup> as well as olive oil  
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12 65 grades.<sup>22</sup> Even more, combinations of the above-mentioned spectroscopic methods,<sup>14,20</sup> leads to  
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14 66 higher resolutions, greater sensitivities and thus in more precise oil quality control. Therefore, the  
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16 67 use of spectroscopic methods and techniques, can be considered as state-of-the-art procedures for  
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18 68 olive oil quality control. However, all the above methods are laboratory oriented. Furthermore,  
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20 69 highly experienced and well-trained personnel is required, in order to perform such spectroscopic  
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22 70 experiments. In addition, spectroscopic instruments are quite complicated to their use, and the  
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24 71 corresponding analysis of the obtained spectra is time consuming.  
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28 72 To avoid such obstacles, other kinds of oil quality sensors have been proposed, which are based  
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30 73 on the application of artificial intelligence and machine learning in the acquisition and appropriate  
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32 74 analysis of spectra.<sup>23–28</sup> In principle, a portable spectrometer is used in order to record multiple  
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34 75 spectra, from several oil samples. Then, the collected spectra are subjected to analytic algorithms,  
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36 76 leading to the determination of specific quantities, associated with oil quality. Such sensors are  
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38 77 user-friendly, relatively cheap, while results are extracted rapidly. However, compared to the state-  
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40 78 of-the-art methods, they do not demonstrate high resolution, while the use of analytical models  
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42 79 and machine learning algorithms can introduce systematic errors and reduce the overall  
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44 80 performance of sensors. Furthermore, multiple samples must be measured, each one for several  
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46 81 times.  
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50 82 In this context, the development of an oil quality sensor, which will be portable, cheap, with quick  
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52 83 response, user-friendly, accurate, with high sensitivity, without using algorithms, and complicated  
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3 84 analytical models, is highly desirable. Taking all the above into account, metasurfaces may be  
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5 85 proposed for such an application; Metasurfaces are defined as man-made, surfaces which exhibit  
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8 86 substantial electromagnetic properties, that cannot be found in natural materials, such as perfect  
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10 87 absorption, negative or large positive refractive index, magnetism at high frequencies, etc.<sup>29,30</sup> The  
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12 88 basic component of a metasurface is called meta-atom, which is of specific shape and dimensions.  
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15 89 The appropriate arrangement of similar meta-atoms in the space is tightly correlated to the  
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17 90 electromagnetic response of the metasurface. Considering this, metasurfaces can be potentially  
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19 91 used in numerous applications, such as antennas, splitters, modulators, shields, energy harvesters  
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21 92 and sensors<sup>30-34</sup>.

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24 93 Split-Ring Resonators (SRRs) are a category of meta-atoms, which consist of a metallic loop with  
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26 94 a gap (typical example of an SRR, with rectangular shape, is shown in Figures 1a and 1b) . Such  
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28 95 meta-atom structures could exhibit sharp absorption at a certain frequency (resonance), depending  
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30 96 on their dimensions.<sup>35,36</sup> For instance, millimeter – scale SRRs would show resonance frequencies  
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32 97 in the microwave regime ( approximately 1 – 100 GHz). Therefore millimeter – scale SRRs can  
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34 98 be potentially used for applications in the microwave regime. In order to understand the basic  
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36 99 electromagnetic behavior of an SRR, each one of them can be originally represented by an RLC  
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38 100 electronic circuit, consisting of a resistor  $R$ , a capacitor  $C$  and an inductor  $L$ , connected in series.  
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42 101 Basic electronic analysis shows that, an RLC circuit the resonates at a frequency, determined  
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44 102 through the relation  $f_{res} \propto 1/2\pi\sqrt{LC}$ . Apparently,  $R$  and  $L$  are affected by the metallic stripe  
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46 103 dimensions, while  $C$ , is related to the gap dimensions. By including a dielectric material ( $\epsilon' > 1$ )  
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48 104 into the gap, the overall capacitance of the metasurface increases, and the corresponding resonance  
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50 105 frequency moves towards lower values. In such way the sensing capability of the SRR is enabled.  
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53 106 There are numerous studies regarding the sensing properties of SRRs, against solid materials,  
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3 107 liquids and gases.<sup>37–41</sup> More interestingly, there are reports, in which complementary SRRs  
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5 108 (CSRRs) are realized as sensors, as well. <sup>42–44</sup> Complementary SRRs behave similarly to the SRRs,  
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8 109 albeit they are the “negative counterpart” of them. The analogy in the response between SRRs and  
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10 110 CSRRs is described by the Babinet principle.<sup>45</sup> Regarding oil quality sensing, several metasurface  
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12 111 structures have been proposed, exhibiting good sensing capabilities.<sup>46–50</sup> Nonetheless, none of  
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15 112 them are complementary. Consequently, CSRRs could be investigated as an alternative option for  
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17 113 oil quality control.

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19 114 Considering the above discussion, it would be interesting to investigate the potential use of CSRRs  
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21 115 as microwave oil quality sensors. In this context we developed millimeter-scale CSRRs using the  
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24 116 so-called Computer Numerical Control (CNC) method. Conventionally, CSRRs are fabricated  
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26 117 employing the well-known Printed Circuit Board (PCB) technique. In general PCB technology is  
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28 118 a well-established, factory-oriented technology, which is used to massively produce electronic  
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30 119 circuits and components.<sup>51,52</sup> Although, PCB method is a rather complex procedure, including  
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33 120 several steps of fabrication. <sup>53,54</sup> Even more, some of those steps require the use of chemicals,  
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35 121 therefore such a technology cannot be considered as environmentally friendly. In addition,  
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38 122 expensive and complicated infrastructure is needed, as well as highly-trained, experienced  
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40 123 personnel is required to use such infrastructure. Alternatively CSRRs have been successfully  
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42 124 developed, using more versatile routes, such as Fused Filament Fabrication (FFF).<sup>55</sup> This is a three-  
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45 125 dimensional printing technique, using a polymer composite as starting material. In principle, the  
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47 126 raw material is melted and extruded through a nozzle. The nozzle can be moved in all three x, y,  
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49 127 and z axes. Thus, by appropriately manipulating the movement of the nozzle, the desired three –  
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51 128 dimensional object can be formed, in a layer – by – layer process. Such a method is simpler,  
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54 129 cheaper, user-friendly, as well as laboratory-oriented, comparing to the PCB method. Main

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3 130 drawback of the method is that almost all raw materials, that are commercially available, exhibit  
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5 131 insulating properties, which is not desirable in SRR loops.  
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9 132 On the other hand, the fabrication of metasurfaces employing the so-called Computer Numerical  
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11 133 Control (CNC) method, has been recently reported.<sup>56</sup> CNC milling is a subtractive fabrication  
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13 134 process that uses rotating cutting tools to remove material from a starting stock piece, commonly  
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15 135 referred as the workpiece. The CNC milling system typically consists of a worktable for  
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17 136 positioning the workpiece, a cutting tool (most commonly an endmill), and an overhead spindle  
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19 137 for securing and rotating the cutting tool. In general, the worktable can be moved in both x and y  
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21 138 axes while the spindle with the cutting tool can be moved along the z axis. The spindle rotates the  
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23 139 cutting tool attached, at several hundreds of rpms. Thus, by the combined movement of both the  
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25 140 worktable and the spindle, the cutting tool digs the workpiece at specific areas, so as the desired  
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27 141 object is formatted. Usually, CNC is employed in manufacturing metal, plastic and wooden parts,  
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29 142 with various cutting tools, such as lathes, mills, drills, etc. CNC method exhibits similar advantages  
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31 143 with the FFF technique, previously discussed. Furthermore, it helps to automate the fabrication  
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33 144 process, thus improving repeatability and precision, reducing human error, and adding advanced  
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35 145 capabilities (e.g., the direct conversion of CAD models to finished parts).<sup>57</sup> Moreover, CNC  
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37 146 process does not involve the use of chemicals, which are demanded in other manufacturing  
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39 147 processes, making it particularly advantageous for printed circuit boards.<sup>58,59</sup> Furthermore, CNC  
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41 148 method is dedicated for large-scale production, decreasing the production time and cost, while  
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43 149 increasing the productive capability.  
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50 150 In the current study, the CNC method is combined with a mechanical engraver, so as CSRRs are  
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52 151 successfully printed/engraved onto metallized surfaces. In such engraved metasurfaces, the  
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54 152 material under test can be inserted into the engraved area, increasing the sensitivity of the  
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3 153 metasurface, which is an advantage, in comparison to conventional SRRs (where the material  
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5 154 under test must be inserted into the gap). Several CSRRs were fabricated, with various dimensions.  
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8 155 The fabricated CSRRs were characterized concerning their electromagnetic performance and all  
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10 156 of them exhibit distinct resonant behavior at certain frequencies, depending on their size.  
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12 157 Moreover, their sensing capability was examined against various types of edible oil, such as virgin  
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14 158 olive oil, corn oil and soya bean oil. It was found that the studied CSRRs show considerable  
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16 159 sensing efficiency among different oil types. Even more, the CSRRs were tested against mixtures  
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18 160 containing virgin olive and soya bean oils. It was shown that the investigated CSRRs reveal a  
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20 161 distinct response to oil mixtures with varying olive-to-soya bean oil ratio, indicating their enhanced  
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22 162 sensing capacity to adulteration of olive oil. Furthermore, the above-described experimental results  
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24 163 were compared to the corresponding spectroscopic results, revealing a solid consistency.  
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26 164 Independently, theoretical simulations were performed, and the extracted results come in good  
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28 165 agreement with the experiments. Consequently, the engraved CSRRs are evidently promising  
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30 166 candidates for applications in oil quality control.  
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## 168 **2. METHODS**

### 169 **2.1 Metasurface Fabrication**

170 The so-called rectangular CSRR design was chosen for the purpose of the current study, as it has  
171 been studied for several sensing applications in the past.<sup>55,56</sup> Mechanical engraving method was  
172 used, in order to fabricate such metasurfaces (MSs), using a home-built CNC router. The  
173 fabrication sequence is the following: appropriate MS drawings were made, using the open-source  
174 drawing software EASEL (Inventables Inc., Chicago, USA). The same software was also used to  
175 transform each drawing to an appropriate G-code file, that can be read by the CNC router. At the



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3 176 same time, the software controls the movements of both the CNC router spindle and workbed. At  
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5 177 the spindle, a thin metallic carpenter bit (diameter:  $\text{\O} 0.5 \text{ mm}$ ) is attached. A typical plain FR-4  
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7 178 surface, covered by a  $35 \text{ }\mu\text{m}$ -thick film of pure Cu, is placed on the CNC bed. After appropriately  
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9 179 calibration, the engraving procedure occurs. The CNC spindle with the bit starts rotating and  
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11 180 ploughs the FR-4 surface removing parts of its Cu film, from specific regions, so as the final  
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13 181 complementary CSRR is developed (i.e. Figure 1a). In all cases the depth of the engraved CSRRs  
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15 182 was kept at  $0.2 \text{ mm}$ .  
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## 21 184 **2.2. Metasurface electromagnetic characterization**

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24 185 All fabricated CSRRs were studied regarding their electromagnetic response through transmission  
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26 186 experiments, in the microwave regime. Particularly, the metasurfaces were measured, using a  
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28 187 combination of a P9372A Vector Network Analyzer (VNA) (Keysight, California, USA,  
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30 188 frequency range  $300 \text{ kHz} - 9 \text{ GHz}$ ) and WR284 ( $2.4 - 4.8 \text{ GHz}$ ), WR187 ( $3.5 - 7 \text{ GHz}$ ) and  
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32 189 WR137 ( $5 - 10 \text{ GHz}$ ) waveguides (Figure 1c), so that a frequency range  $2 - 9 \text{ GHz}$  is covered .  
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35 190 Details, regarding the set-up and the measurement procedure were previously described.<sup>55,56,60</sup>  
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37 191 Two different configurations were investigated, i.e., the CSRR is oriented so that the electric field  
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39 192 component parallel (TE orientation – drawing in Figure 2a) and perpendicular to the gap (TM  
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41 193 orientation – drawing in Figure 2c).  
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## 47 195 **2.3. Metasurface sensing properties measurements**

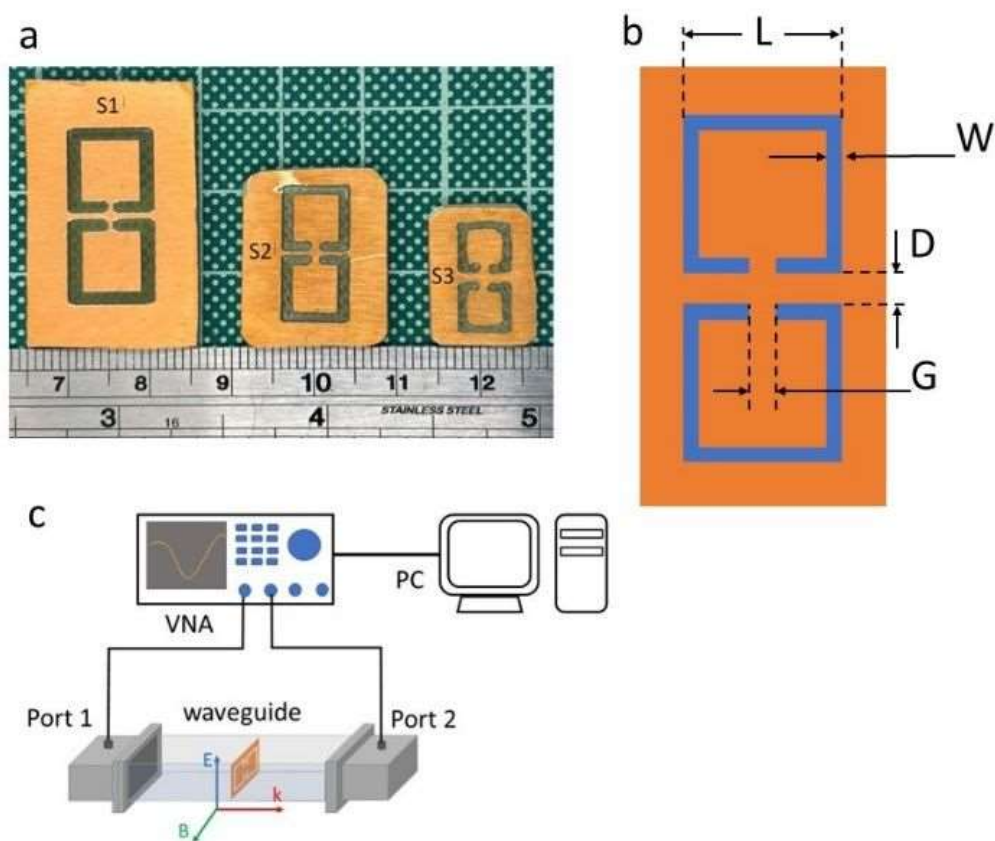
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49 196 In order to study the sensing properties of the CSRRs, with respect to different types of edible oil,  
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51 197 (i.e., virgin olive oil (VOO), soya bean oil (SO) and corn oil (CO)), microwave transmission  
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53 198 experiments were conducted, using the experimental set-up, shown in Figure 1c. Traces of oil (~  
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199 2-5 mm<sup>3</sup>, depending on the CSRR size) are included into the engraved area of the metasurface,  
200 and the corresponding transmission spectrum is recorded, each time. Transmission spectra for  
201 empty CSRRs are also recorded and considered as reference spectra.

202 Furthermore, the sensing properties of the CSRRs were studied, against oil mixtures. In particular,  
203 VOO was mixed with SO, in several volume ratios, so that various VOO/SO mixtures were made.

204 After that, a small amount of each mixture was inserted into the engraved area of the CSRR and  
205 microwave transmission spectra were recorded, as previously described. In this set of experiments  
206 the VOO transmission spectrum is considered as reference spectrum.

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209 **Figure 1. a.** Picture of CSRRs used in the current study **b.** CSRR drawing, including critical  
210 dimensions **c.** Experimental set-up for electromagnetic characterization

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## 212 **2.4. Edible oil spectroscopic characterization**

213 Before being used for the purposes of the current study, all types of oil, used hereby (purchased  
214 from the local market), such as VOO, CO and SO, were thoroughly characterized, employing  
215 various spectroscopic techniques. In particular, all three oils have been characterized through  
216 FT–IR, Raman, and UV–Vis spectroscopy. In particular, FT–IR experiments were carried out  
217 using a Bruker Vertex 70v FT–IR vacuum spectrometer in a spectral range of 3500 – 500 cm<sup>-1</sup>,  
218 using a broad band KBr beamsplitter and a room temperature broad band triglycine sulfite (DTGS)  
219 detector; corresponding details can be found in previous work.<sup>61</sup> The obtained spectra  
220 (supplementary Figure S1a) are found to be similar to others previously reported.<sup>62,63</sup> On the other  
221 hand, Raman experiments were conducted at room temperature using LabRAM HR Evolution  
222 Confocal Raman Microscope (LabRAM HR; Horiba France SAS, Lille, France); experimental  
223 details are described in the literature.<sup>56</sup> Processing and analysis of the acquired raw Raman spectra  
224 were achieved through the instrument's original software (LabSpec, version LS6; Horriba, Lille,  
225 France). Initially, smoothing under a Gaussian filter with a kernel of five points (denoise at 5) was  
226 used, where cosmic rays were removed and the background was removed using a baseline  
227 correction at the sixth-order polynomial function. Corresponding Raman spectra (supplementary  
228 Figure S2a) show patterns consistent with others previously reported.<sup>18,20,64,65</sup> Finally, UV-Vis  
229 absorption spectra were collected, using K-MAC SV2100 spectrometer, in the wavelength range  
230 300-900 nm; experimental details can be found elsewhere.<sup>66</sup> Recorded spectra (supplementary  
231 Figure S3a) demonstrate that only VOO shows distinct peaks within the measured range. Neither  
232 SO, or CO shows any spectroscopic feature in this range. All findings are consistent to previous  
233 reports.<sup>67,68</sup>

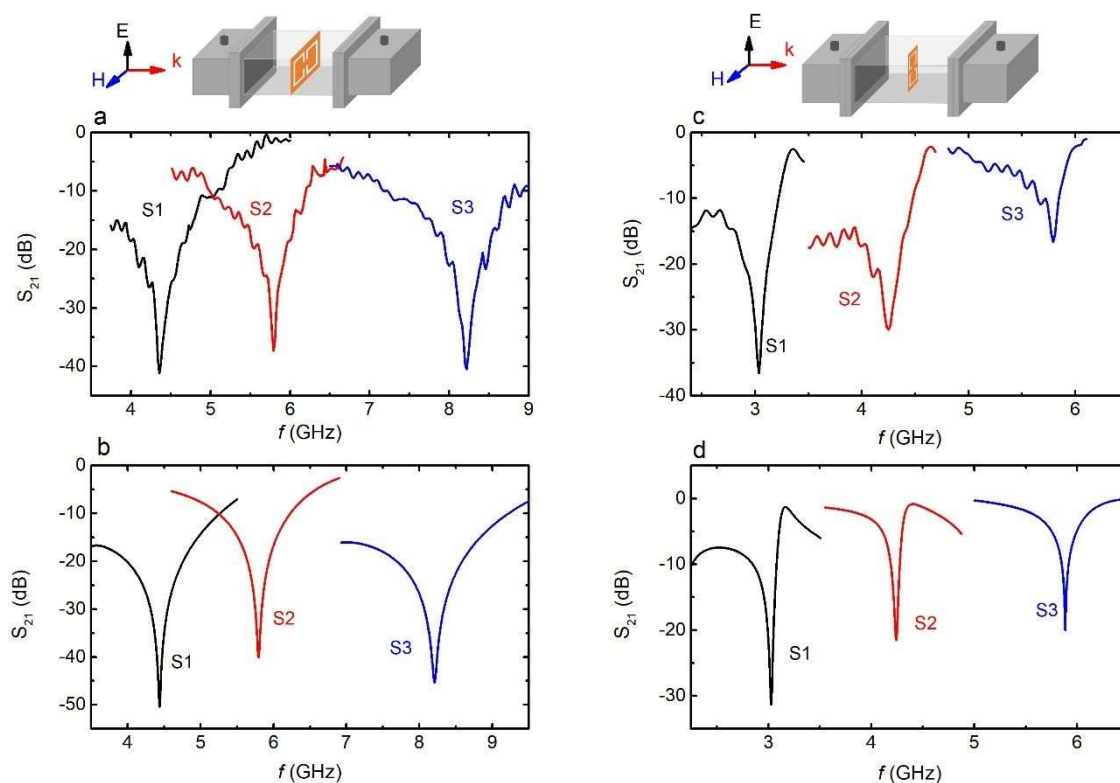
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3 234 In addition, the dielectric permittivity of all oils was measured employing the standard coaxial  
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5 235 probe method. An open-ended coaxial probe (N1501A dielectric probe kit, Keysight Technologies,  
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7 236 CA, USA) was connected to the VNA (P9372A Streamline Vector Network Analyzer, Keysight,  
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9 237 California, USA). The probe was immersed directly in the oil bath and the dielectric permittivity  
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11 238 values (real and imaginary part) were automatically calculated through the VNA software  
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13 239 (N1500A Materials Measurement Software Suite, Keysight, California, USA), in the frequency  
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15 240 regime 1-9 GHz. Dielectric permittivity curves are presented in supplementary Figure S4.  
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## 21 242 **2.5 Theoretical Simulations**

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24 243 Experimental results were further corroborated with theoretical simulations. The full-wave  
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27 244 simulations with a continuous wave (CW) excitation were performed using the frequency domain  
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30 245 solver of the commercial software CST Studio Suite. Two split ring resonators were engraved on  
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33 246 a rectangular copper-coated FR-4 substrate and then the whole structure was inserted in the center  
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37 247 of the waveguide. The copper layer was modelled via the electric conductivity of  $5 \times 10^7$  S/m, while  
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40 248 the relative electric permittivity of the FR-4 substrate was considered to be  $4 - 0.04i$  (loss tangent  
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44 249 of 0.01). The waveguide walls were modeled as boundary conditions of Perfect Electric Conductor  
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48 250 (PEC). This type of boundary condition sets the tangential component of the electric field to zero.  
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51 251 The  $TE_{10}$  mode of the waveguide was used to excite the structure and the S-parameters were  
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54 252 calculated by using the built-in rectangular waveguide ports. The adaptive mesh refinement option  
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4 253 was selected in order to refine the mesh until achieving convergence for the calculated  
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7 254 S-parameters. To introduce the different types of oils and mixtures within the engraved volume  
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10 255 of the SRRs, we define additional geometric domains occupying the corresponding volumes in  
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13 256 each case. The electromagnetic properties of each type of oil and mixture were described by the  
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17 257 measured dispersive complex electric permittivity and inserted in the software via the dispersion  
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20 258 material properties tab. Note that the mechanical properties of the liquids are not relevant to our  
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24 259 electromagnetic simulations.

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262 **Figure 2. a.** Transmission ( $S_{21}$  vs.  $f$ ) spectra obtained for all CSRRs, in the TE orientation. The  
 263 drawing above the panel a, shows the orientation of the CSRR into the waveguide. **b.**  
 264 Corresponding theoretically simulated  $S_{21}$  vs.  $f$ , spectra, for the TE orientation **c.**  $S_{21}$  vs.  $f$ , obtained  
 265 for all CSRRs, in the TM orientation, as shown in the drawing, above the panel **d.** Corresponding  
 266  $S_{21}$  vs.  $f$  spectra, as calculated from theoretical simulations.

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### 268 3. RESULTS AND DISCUSSION

269 Figure 1a shows a typical picture of the studied CSRRs. Corresponding measured dimensions  
 270 (Figure 1b) are shown in Table I. At first glance, larger samples, such as S1 and S2 are well-  
 271 shaped, with opposite resonators perfectly aligned to each other. As the CSRR size is reduced, the  
 272 engraved MSs show light deformations regarding their shape (i.e. Sample S3). On the other hand,

the resonators are kept aligned to each other. In addition, the length  $L$  of the meta-atom varies from  $\sim 10$  mm down to 6.5 mm. Such a variation will have an impact to their electromagnetic response, as shown later. Moreover, gap size  $G$  is almost similar for all metasurfaces. On the contrary, the line width  $W$ , varies with CSRR size decrement. Moreover, the distance  $D$  between the opposite split ring resonators, is different among samples. As it will be shown later, distinct electromagnetic response is observed for all metasurfaces, regardless the variations in width  $W$  and distance between resonators  $D$ .

CSRR	L (mm)	W(mm)	G (mm)	D (mm)	V (mm <sup>3</sup> )
<b>S1</b>	$10.3 \pm 0.1$	$1.5 \pm 0.1$	$1.1 \pm 0.1$	$0.8 \pm 0.05$	10.2
<b>S2</b>	$7.9 \pm 0.1$	$1.3 \pm 0.1$	$1.3 \pm 0.1$	$0.5 \pm 0.05$	6.47
<b>S3</b>	$6.5 \pm 0.1$	$1.1 \pm 0.1$	$1.3 \pm 0.1$	$1.2 \pm 0.1$	4.47

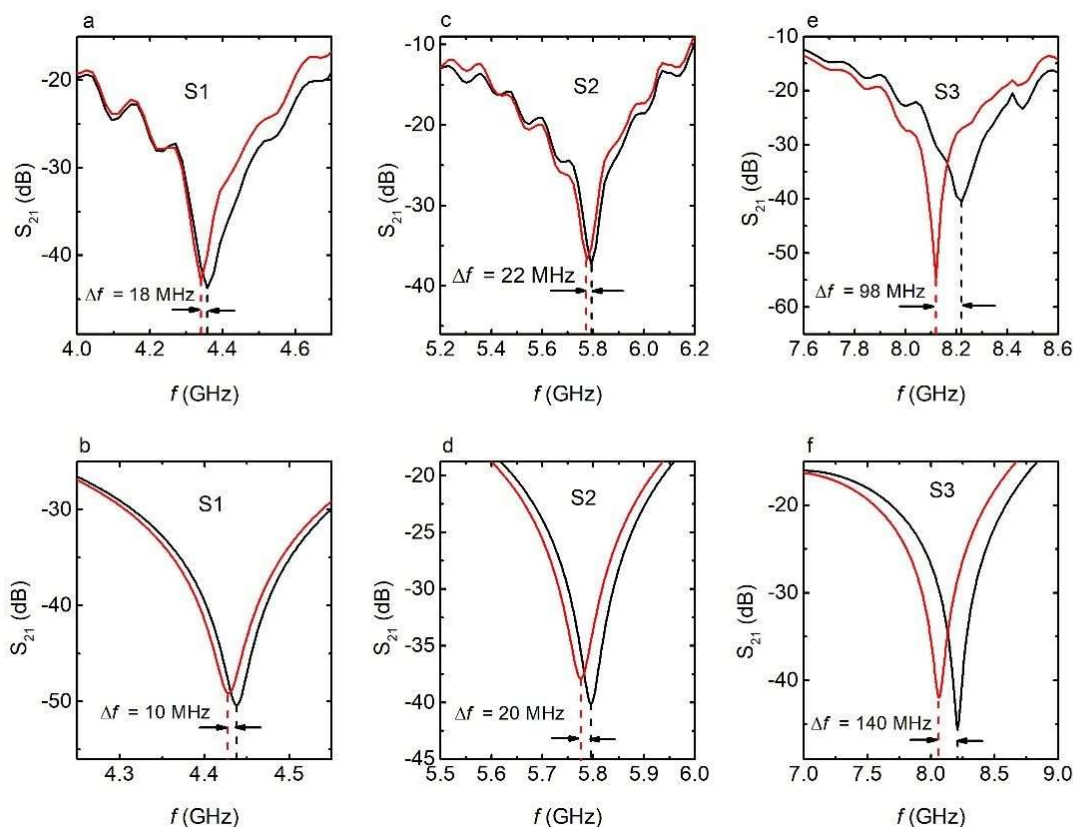
**Table I:** Dimensions for all studied CSRRs. Corresponding volumes are calculated based on the given dimensions and considering the rectangular shape of the engraved area, as shown in Figure 1b.

Figure 2 shows the electromagnetic behaviour of all the metasurfaces.  $S_{21}$  vs.  $f$  spectra are presented for two different orientations, namely TE (drawing above Figure 2a) and TM (corresponding drawing above Figure 2c). In particular, sharp, well-defined minima are observed at specific frequency, for each engraved CSRR. Considering the negligible reflection observed for each MS (not shown here), the transmission minima are indicative of increased absorption of the incident electromagnetic wave. Therefore, all studied CSRRs resonate at certain frequencies. Resonance frequency increases with decreasing  $L$ , regardless the measured orientation (TE or TM). The above-described behaviour is theoretically corroborated with corresponding simulation results (Figures 2b and 2d). Moreover, such resonant behaviour has been previously shown for

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3 295 those CSRRs.<sup>56</sup> Consequently, all investigated CSRRs exhibit a considerable electromagnetic  
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5 296 behaviour.

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8 297 All CSRRs have been subjected to appropriate experiments, in order to confirm their  
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10 298 electromagnetic response in the presence of VOO. In this context, we proceeded as follows; a tiny  
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12 299 amount of VOO ( $\sim 2 \text{ mm}^3$ ) was uniformly dispersed into the engraved area of each CSRR and the  
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14 300 corresponding transmission spectrum was recorded. Experimental evidence is shown in Figure 3  
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16 301 (TE orientation). In particular, Figure 3a shows the transmission spectra for S1 sample, with VOO  
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18 302 (red solid line) in comparison to the spectrum obtained for empty CSRR (black solid line). A slight  
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20 303 ( $\sim 18\text{MHz}$ ), but distinguishable shift towards lower frequencies is observed. Similar behaviour is  
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22 304 also observed for the S2 sample (Figure 3c), with a frequency shift of  $\sim 22\text{MHz}$ , while for the S3  
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24 305 sample a resonance shift of  $98\text{MHz}$  is observed (figure 3e). Interestingly, all presented  
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26 306 transmission curves are qualitatively consistent with corresponding results, extracted from  
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28 307 appropriate theoretical simulations. In detail, simulations succeeded to reproduce the frequency  
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30 308 shift, as well as its increment with decreasing CSRR size. Moreover, the calculated resonance shift  
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32 309 for both S1 and S2 samples, is similar to the measured ones (Figures 3b and 3d, respectively).  
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34 310 However, for S3 sample, the calculated frequency shift is larger than the measured (Figure 3f). In  
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36 311 addition, theoretical results show that  $S_{21}$  minima become shallower, upon the introduction of  
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38 312 VOO into the CSRR. Such a result is hardly seen in experimental findings for S1 and S2 samples,  
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40 313 while it is exactly the opposite case with experimental results for S3 sample. Thus, there is a  
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42 314 qualitative agreement between theoretical simulations and experimental evidence. Therefore, such  
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44 315 a qualitative consistency seems adequate towards further exploration of the fabricated CSRRs, as  
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46 316 potential oil quality sensors.  
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319 **Figure 3. a.**  $S_{21}$  vs.  $f$  spectra for S1 sample. Red line corresponds to the CSRR containing VOO  
 320 oil into the engraved area, while black line corresponds to empty CSRR **b.** Corresponding  
 321 theoretical simulation results for S1 sample **c.**  $S_{21}$  vs.  $f$  for S2 sample, with (red line) and without  
 322 VOO (black line), into the engraved area **d.** Corresponding theoretical simulation results **e.**  $S_{21}$  vs.  
 323  $f$  for S3 sample, with (red line) and without VOO (black line), into the engraved area **f.**  
 324 Corresponding theoretical simulation results.

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326 In addition, the electromagnetic response of the CSRRs was investigated, with respect to VOO  
 327 volume increments (i.e., typical behaviour for S2 sample in supplementary Figures S5a and S5c).  
 328 It is observed that, as the VOO volume (included into the engraved area) increases, the resonant  
 329 frequency moves towards lower values. Such a slight (a few MHz) shift of the resonance frequency

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3 330 can be attributed to the low dielectric permittivity of the VOO. Furthermore, neither a  
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5 331 considerable suppression of the dip was observed nor any elimination of the  $S_{21}$  minima was  
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7 332 obtained, when filling the CSRR with maximum amount of oil. An agreement among experimental  
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9 333 and theoretical results was also achieved (i.e, see supplementary Figures S5b and S5d).

10 334 The sensing capability of the CSRRs can be quantified through the quality factor  $Q$ , relative  
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12 335 sensitivity  $S$ , and the Figure of Merit  $FOM$ . Quality factor  $Q$  is a dimensionless parameter, which  
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14 336 designates the resonance curve sharpness, i.e, for sharp and slim resonance curves high quality  
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16 337 factor values are obtained.<sup>69,70</sup> In addition, relative sensitivity  $S\%$  is defined as the ratio of the  
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18 338 resonance shift over the dielectric permittivity change.<sup>71,72</sup> In practice relative sensitivity shows  
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20 339 the capability of the sensor to detect resonance shift, when oil is included into the engraved area  
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22 340 of the CSRR. Finally Figure of Merit  $FOM$  is a parameter showing the overall performance of a  
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24 341 sensing device.<sup>71-73</sup> Therefore, an efficient CSRR sensor would exhibit a very narrow and sharp  
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26 342 resonance curve, when empty. However, upon inserting the tiniest possible amount of oil in to the  
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28 343 engraved area, the resonance should abruptly move towards lower frequencies, while keeping its  
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30 344 shape unaffected. All three parameters can be calculated, through the following relations:

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$$Q = \frac{f_{res}}{FWHM} \quad (1)$$

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$$S (\%) = 100 \times \frac{f_{empty} - f_{oil}}{f_{empty} \cdot (\epsilon'_{oil} - 1)} \quad (2)$$

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$$FOM = \frac{S}{FWHM} \quad (3)$$

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where  $f_{res}$  is the resonance frequency,  $FWHM$  is the full width at half maximum of each electromagnetic minimum,  $f_{empty}$  is the resonance frequency of empty CSRR,  $f_{oil}$  is the resonance frequency of CSRR with oil included and  $\epsilon'_{oil}$  is the dielectric permittivity of oil. Calculated  $Q$ ,  $S$  and  $FoM$  values are presented in Table II, for all studied CSRRs.

Orientation	Sample	$f_{empty}$ (GHz)	$f_{oil}$ (GHz)	$\epsilon'_{oil}$	$FWHM$ (GHz)	Q	S(%)	FoM
TE	S1	4.357	4.339	1.88	0.178	24.3	0.47	2.65
	S2	5.792	5.774	1.85	0.308	18.7	0.19	0.61
	S3	8.219	8.119	1.79	0.083	97.8	1.19	14.4
TM	S1	3.036	3.012	1.93	0.186	16.2	0.86	4.62
	S2	4.251	4.217	1.89	0.216	19.5	0.47	2.25
	S3	5.791	5.679	1.85	0.254	22.4	2.24	8.82

**Table II:** Calculated Quality factor  $Q$ , Sensitivity  $S$  and Figure of Merit, values for all CSRRs, in both measurement orientations

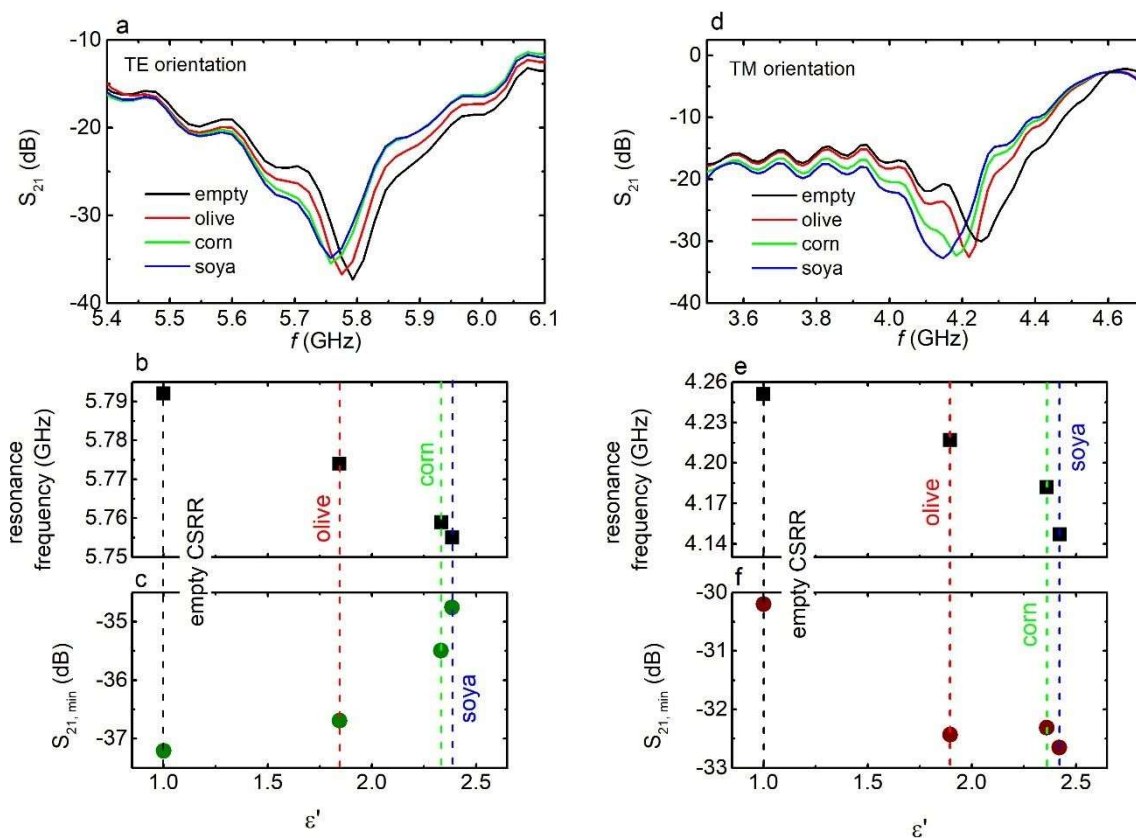
The observed  $Q$  and  $FoM$  values are greater, than those obtained for CSRR structures, proposed for water quality control,<sup>56</sup> indicating the enhanced performance of the CSRRs as oil sensors. The largest  $FoM$  value is achieved for the S3 sample (which is the smallest of all CSRRs) in both TE and TM orientations, evidently indicating its enhanced sensing behaviour, against oil.

It is worth noting that the  $S$  and  $FoM$  values, presented in Table II, are calculated, considering the transmission spectrum of the empty CSRR as reference spectrum. Consequently, upon the insertion of VOO into the engraved area of each metasurface, corresponding changes in the dielectric permittivity are large, leading to relatively low  $S$  and  $FoM$  in comparison to others reported so far, for split-ring resonator,<sup>s46</sup> dedicated for VOO sensing. Moreover,  $FoM$  values

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3 370 obtained here are also inferior to others reported for oil sensing MSs, of different shapes and types.  
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5 371 <sup>47,48</sup> Nonetheless, the relatively high  $Q$  factors are comparable to those obtained for other split ring  
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8 372 resonators<sup>46</sup> and other metasurfaces<sup>47,48</sup>, which are proposed for oil sensing. Consequently, CSRRs  
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10 373 arise as candidates with promising oil sensing capabilities.

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12 374 To further investigate the oil sensing behaviour of the CSRRs, we proceed with experiments with  
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14 375 other types of oil, such as SO and CO. Both of them exhibit higher dielectric permittivity than the  
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16 376 VOO. Thus, it is prudent to explore the capability of the proposed CSRRs in distinguish among  
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18 377 different types of oils. In this context, a fixed amount of oil (2 mm<sup>3</sup>) is placed into the engraved  
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20 378 area of the CSRR, and the corresponding transmission spectrum is recorded. Typical experimental  
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22 379 results are presented in Figure 4, for S2 sample (corresponding experimental data for S1 and S3  
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24 380 samples are shown in supplementary Figures S6 and S7 respectively). It is noticeably seen that the  
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26 381 CSRR resonates at different frequency, depending on the oil type (Figure 4a). Such an effect is  
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28 382 observable in both TE and TM orientations (Figure 4a and 4c, respectively) and comes in  
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30 383 qualitative agreement with corresponding theoretical simulation results (supplementary Figure  
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32 384 S8). Interestingly, the resonance shift is directly related to the dielectric permittivity of oils, since  
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34 385 the higher the dielectric permittivity the larger the resonance shift is achieved, as shown in Figure  
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36 386 4b and 4d, for both orientations. Moreover, the electromagnetic minimum shows a monotonic  
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38 387 trend, regarding its depth, i.e., it decreases (in absolute values) with increasing dielectric  
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40 388 permittivity, in the TE orientation (blue circles, Figure 4b), while it increases with increasing  $\epsilon'$  in

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391 **Figure 4. a.**  $S_{21}$  vs.  $f$ , with respect to various types of oil, for S2 sample (TE orientation) **b.**392 Resonance frequency and **c.** dip intensity, as a function of dielectric constant of oils. Both

393 frequency and intensity values are extracted from panel a. Dash lines show the dielectric

394 permittivity of each oil type. **d.**  $S_{21}$  vs.  $f$ , with respect to various types of oil, for S2 sample (TM395 orientation) **e.** Resonance frequency and **f.** dip intensity, as a function of dielectric constant of oil.

396 Again, frequency and intensity values are extracted from panel c. Dash lines show the dielectric

397 permittivity of each oil type.

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399 the TM orientation (blue circles, Figure 4d). Hence, a discrete electromagnetic response is

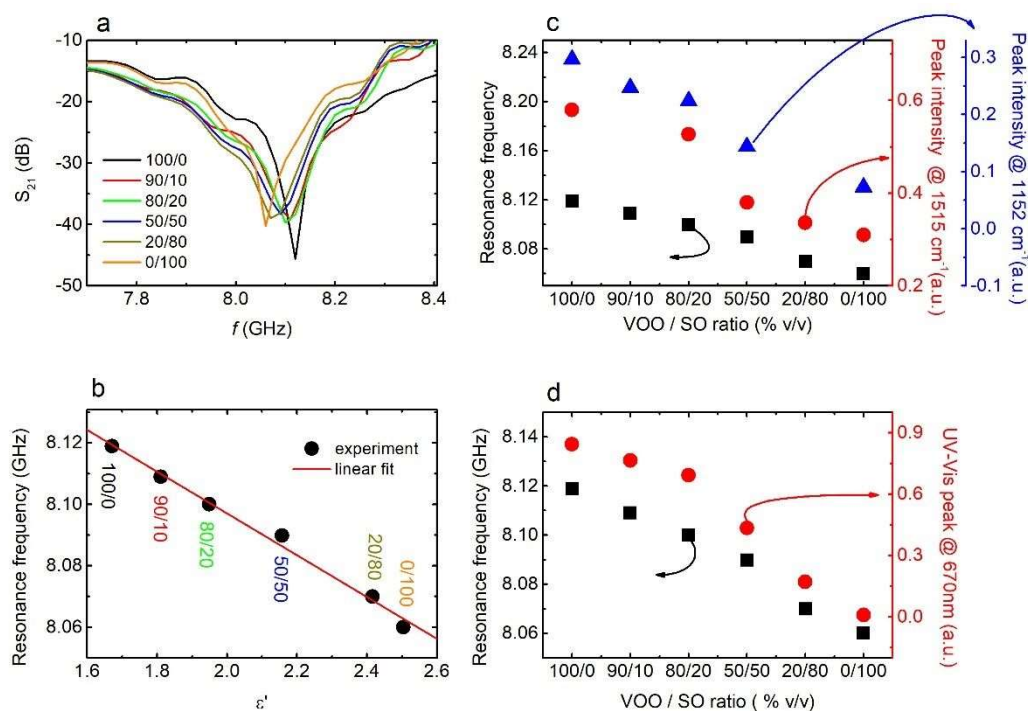
400 recorded for each type of oil, suggesting the capability of the studied CSRRs to operate as efficient

401 oil sensors. Not only they effectively respond to the presence of small amounts of oil into the

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3 402 engraved area, but also, they differently behave to various types of oil. More interestingly, such a  
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5 403 distinct electromagnetic response is demonstrated, with respect to oils with slightly different  
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8 404 dielectric permittivity, such as CO and SO.

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10 405 Here it is worth saying that the distinction among different types of oil is a challenging procedure.  
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12 406 In most cases it is accomplished using spectroscopic techniques, described in the introduction. As  
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14 407 previously discussed, corresponding experimental infrastructure for optical spectroscopy is  
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16 408 complicated and expensive and it is used by dedicated personnel. Furthermore, analysis of the  
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18 409 obtained spectra requires the use of sophisticated software, which, most of the times, is not  
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20 410 available free-of-charge. In this context, the capability of the here-studied CSRRs to distinguish  
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22 411 among various types of oil gives more credence to their potential use as oil sensors.

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24 412 Since the investigated CSRRs exhibit such a sensitive response to the oil types, it would be of great  
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26 413 interest to explore their electromagnetic behaviour in the presence of oil mixtures. In this point of  
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28 414 view, we prepared mixtures consisting of VOO and SO, in several volume percentages (i.e., 10%  
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30 415 v/v, 20% v/v, 50% v/v and 80% v/v). All mixtures have been characterized through spectroscopic  
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32 416 methods, such as Raman, FT-IR, UV-Vis, and dielectric spectroscopy (supplementary Figure S1b,  
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34 417 S2b, S3b and S9, respectively). In particular, characteristic Raman peaks for pure VOO, are  
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36 418 observed at 1152  $\text{cm}^{-1}$  and 1515  $\text{cm}^{-1}$  (supplementary Figure S2b). Both peaks are suppressed upon  
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38 419 increasing the SO content, into the mixture, and they are both eliminated for pure SO. In addition,  
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40 420 appropriate UV-Vis spectroscopy experiments show that VOO exhibits a characteristic peak at  
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42 421 670 nm, which is absent for all other oil types (supplementary Figure S3a). Such a peak is reduced,  
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44 422 upon SO increment in oil mixtures, and it completely disappears for pure SO (supplementary  
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46 423 Figure S3b). Considering the above-mentioned spectroscopic observations, a tiny amount (2  
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**Figure 5.** **a.**  $S_{21}$  vs.  $f$ , upon various VOO/SO mixtures, for S3 sample **b.** Resonance frequency evolution as a function of dielectric permittivity of oil mixtures. Each point corresponds to a specific VOO/SO oil mixture, as designated from matched labels. The colour of each label matches the colours of the curves, in panel a. The red solid line corresponds to a linear fit **c.** Evolution of resonance frequency, with respect to the VOO/SO volume ratio (back rectangles), compared to the intensity evolution of Raman peaks at 1152 cm<sup>-1</sup> (red circles) and 1515 cm<sup>-1</sup> (blue triangles). Both Raman peaks are characteristic for VOO, and data presented hereby have been extracted from supplementary Figure S2a **d.** Resonance frequency, with respect to the VOO/SO volume ratio (back rectangles), compared to the intensity evolution of the UV-Vis 670 nm peak, characteristic for VOO. The UV-Vis data have been extracted from supplementary Figure S3b.

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mm<sup>3</sup>) of each oil mixture, was placed into the engraved area of the S3 CSRR and corresponding transmission spectra are recorded. Obtained patterns are presented in Figure 5. Moreover critical values are presented in Table III.

Oil mixture volume ratio (% v/v)	$f_{res}$ (GHz)	$\epsilon'_{oil}$	$FWHM$ (GHz)	Raman peak 1152 cm <sup>-1</sup> (a.u.)	Raman peak 1515 cm <sup>-1</sup> (a.u.)	UV-Vis peak 670 nm (a.u.)
<b>100/0</b>	8.119	1.790	0.082	0.297	0.629	0.847
<b>90/10</b>	8.109	1.811	0.140	0.246	–	0.765
<b>80/20</b>	8.101	1.949	0.152	0.225	0.5276	0.693
<b>50/50</b>	8.089	2.157	0.186	0.152	0.379	0.440
<b>20/80</b>	8.072	2.416	0.180	–	0.337	0.170
<b>0/100</b>	8.063	2.504	0.111	0.071	0.311	0.011

**Table III:** Resonance frequency, dielectric permittivity and FWHM values, for several oil mixtures, measured in sample S3. Corresponding Raman and UV–Vis peak values, as extracted from Figures 5c and 5d. The resonance shift towards lower values, comes in consistency with the suppression of the spectroscopic peaks.

A slight, although well-defined shift, of the dip, towards lower frequencies is observed, with SO percentage increasing (Figure 5a). Considering the increment of the dielectric permittivity with increasing SO loading, the frequency shift is gradually enhanced with increasing  $\epsilon'$  of the mixture (Figure 5b), in a fairly linear trend. A slope of  $-0.068 \pm 0.003$  GHz / PU (PU: permittivity unit) can be extracted. Similar linear behaviour is also extracted from corresponding theoretical



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3 452 simulations (i.e. supplementary Figure S10b). The sensitivity of the CSRR, can be calculated by  
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5 453 appropriately modifying relation (2), as follows:  
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$$S(\%) = 100 \times \frac{f_{mix} - f_{VOO}}{f_{VOO} \cdot (\epsilon'_{mix} - \epsilon'_{VOO})} = 100 \times \frac{\Delta f}{f_{VOO} \cdot \Delta \epsilon'} = 0.83\%$$
  
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16 457 where,  $\frac{\Delta f}{\Delta \epsilon'} = -0.068$ . Moreover, considering an average FWHM  $\sim 0.140$  GHz, as extracted from  
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19 458 Table III, a  $FoM \sim 5.48$  is obtained.

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21 459 Both  $S$  and  $FoM$  values are still inferior than others reported so far, for several olive oil sensors.<sup>47-50</sup>  
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24 460 However, the resonance frequency shift comes in perfect agreement with spectroscopic evidence.  
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26 461 As previously discussed, Raman spectrum for VOO shows two distinct peaks at  $1515 \text{ cm}^{-1}$  and at  
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28 462  $1152 \text{ cm}^{-1}$  respectively, which are not presented in spectra of other oil types (supplementary Figure  
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31 463 S2a). Both of them are gradually suppressed as the SO percentage increases, in the oil mixture and,  
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33 464 eventually, they are almost eliminated for pure SO (supplementary Figure S2b). The recorded  
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35 465 frequency shift closely follows such a behaviour (Figure 5c), suggesting complete consistency.  
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37 466 Even more, considering the UV-Vis spectra (supplementary Figure S3b), it is evidently shown  
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39 467 that only VOO exhibits peaks, within the measured regime. For example, the peak at  $670 \text{ nm}$ , is  
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41 468 progressively reduced with increasing SO inclusion loading (Figure 5d), until it vanishes for pure  
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43 469 SO, directly tracking the gradual reduction of the resonance frequency. Therefore, regardless its  
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45 470 low  $FoM$  the CSRR exhibits a rather effective performance, regarding the adulteration of the VOO  
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47 471 with SO, which is concretely corroborated by both theoretical and spectroscopic evidence.  
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54 473 **4. SUMMARY AND CONCLUSIONS**  
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3 474 In summary, millimeter-scale CSRRs have been successfully developed, employing CNC method,  
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5 475 in combination with a home-built mechanical engraver. Several samples were fabricated with  
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8 476 varying dimensions concerning their length, line width, gap size etc. All metasurfaces are well-  
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10 477 defined with straight lines. Their dimensions are quite similar to the dimensions of the initial  
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12 478 drawings made, for the engraving purposes.

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14 479 The produced CSRRs were thoroughly investigated, regarding their electromagnetic response, in  
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16 480 the microwave regime. All of them display distinct dips in their transmission spectra, at certain  
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19 481 frequencies, indicative of absorption of the incident wave. The resonance frequency is directly  
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21 482 affected by the CSRR size, with the highest resonant frequencies to be exhibited by the smallest  
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23 483 samples. The extracted experimental data are in agreement with corresponding theoretical  
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25 484 simulation results. Furthermore, the electromagnetic behaviour of CSRRs is identical to that  
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27 485 observed for conventional SRRs of similar dimensions.

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30 486 By introducing traces of VOO into the engraved area of the CSRR, the resonance frequency moves  
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32 487 to lower values. The resonance frequency shift becomes larger with decreasing the CSRR size.  
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34 488 Moreover, this shift increases with increasing oil volume inserted into the engraved area. Both of  
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36 489 those observations evidently reveal the sensing capability of the studied CSRRs, in the presence  
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38 490 of VOO. In addition, the studied CSRRs were subjected in experiments with other edible oil types,  
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40 491 namely CO and SO. All CSRRs exhibit distinct electromagnetic response, depending on the oil  
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42 492 type, enabling the ability of the engraved metasurfaces to directly distinguish among different oil  
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44 493 types. Even more, further electromagnetic response experiments with VOO/SO mixtures, in  
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46 494 various ratios, are performed. Experimental results definitely show that the resonance frequency  
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48 495 is reduced with increasing the SO inclusion into the oil mixture. Such experimental evidence  
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51 496 comes in perfect agreement with corresponding spectroscopic results, obtained at the same time,  
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3 497 as well as theoretical simulation results, and reveal the significant sensing capability in  
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6 498 distinguishing among different oil mixtures.

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8 499 In conclusion, both experimental and theoretical results, concretely suggest the capability of the  
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10 500 engraved CSRRs to be potentially used as olive oil quality sensors.

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## 14 15 16 17 502 **Supporting Information.**

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20 503 **Figure S1:** FT – IR characterization of several edible oils; **Figure S2:** Raman characterization of  
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22 504 several edible oils; **Figure S3:** UV – Vis characterization of several edible oils; **Figure S4:**  
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24 505 Dielectric permittivity of edible oils; **Figure S5:** Electromagnetic Response of CSRRs with respect  
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26 506 to the olive oil volume, under sense; **Figure S6:** Electromagnetic response of CSRRs with respect  
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28 507 to the edible oil type, sample S1; **Figure S7:** Electromagnetic response of CSRRs with respect to  
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30 508 the edible oil type, sample S3; **Figure S8:** Theoretical simulation results regarding the  
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32 509 electromagnetic response of CSRRs with respect to the edible oil type; **Figure S9:** Dielectric  
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34 510 characterization of VOO / SO mixtures; **Figure S10:** Theoretical simulation results regarding the  
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36 511 electromagnetic response of CSRRs, for various VOO/SO mixtures

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### 55 517 **Author Contributions**

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4 518 The manuscript was written through contributions of all authors. All authors have given approval  
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7 519 to the final version of the manuscript.  
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11 520 **Notes**  
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14 521 The authors declare no competing financial interest.  
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